

## PRE-OPERATIVE INSTRUCTIONS

The following instructions will be helpful to you when preparing for your upcoming surgery. Please do not hesitate to call if you have any last-minute questions.

We can be reached at (919) 510-8888 during regular business hours, Tuesday through Thursday – 8:10 am to 5:30 pm and Friday – 8:10 am to 1 pm, or through Dr. Morelli's phone service.

You will be receiving pre/post-operative prescriptions and instructions prior to your surgery. Please read them carefully as instructions may vary on a case-by-case patient basis. **For your comfort, have your prescriptions filled prior to your surgical appointment.**

Inform our office of ANY changes in your medical status and/or medications prior to your appointment. For your best experience and comfort, most surgical procedures will be performed under local anesthesia.

### **Eating and drinking**

It is advised that you have a meal prior to your surgery in order to feel your best. If you take aspirin or other blood thinners (Coumadin<sup>®</sup>/Warfarin, Xarelto<sup>®</sup>, Pradaxa<sup>®</sup>, etc.), our office will contact your primary care physician to be advised whether or not to discontinue the medication or advise a different regime.

### **NEVER DISCONTINUE YOUR MEDICATIONS, UNLESS YOU HAVE AN ORDER FROM YOUR PHYSICIAN.**

If you are prescribed a pre-operative sedative medication (Ativan<sup>®</sup>, Valium<sup>®</sup>, etc.), take it 1-hour prior to surgery or otherwise as directed. After taking sedatives, you are not to undertake any business/employment decisions, drive an automobile, make any major life decisions, sign any important papers, operate machines, etc. **YOU MUST MAKE ARRANGEMENTS FOR SOMEONE TO DRIVE YOU HOME FROM OUR OFFICE.**

In order to evaluate your progress and healing, we will see you for post-operative check ups. The first check up is typically performed within the first week after surgery. In most cases, as part of the post-operative therapy, we will look forward to seeing you back for appointments with the doctor and our hygienist in 2 weeks and then 6 weeks after the surgery.

### **Antibiotics\***

**PLEASE ALERT OUR OFFICE TO ANY ALLERGIES OR ADVERSE REACTION THAT YOU MIGHT HAVE TO ANTIBIOTICS OR ANY OTHER MEDICATION.**

You will be prescribed an antibiotic if the doctor determines it to be necessary.

If an antibiotic is prescribed, take it as directed. It is advisable not to take these medications on an empty stomach, as nausea may result. For women taking birth control pills, be advised that antibiotics may interfere with the effectiveness of your birth control pills, an alternative birth control method should be considered.

\*PRE-MED patients: take your antibiotics 1-HOUR PRIOR TO YOUR APPOINTMENT as prescribed.